

**2014 National Masters Indoor Heptathlon  
and Midwest Regional Meet - 3/8/2014 to 3/9/2014  
Carthage College, Kenosha, WI  
Results - Heptathlon**

**Women Heptathlon**

	Points	60	LJ	SP	HJ	Day1	60H	PV	800
----- W45 -----									
1 Connolly, Rebecca	9.16		4.00m	8.22m	1.24m		11.78	1.90m	3:00.39
Wilmington, MA			13-01.5	26-11.75	4-00.75			6-02.75	
Age-Graded Mark:	8.42		4.71m	9.81m	1.44m		10.57	2.31m	2:44.57
Age-Graded Percent:	82.21%		62.6%	43.38%	68.89%		72.84%	44.81%	68.83%
W47	3726	(723)	(482)	(517)	(555)	2277	(609)	(318)	(522)
----- W55 -----									
1 Hanscom, Rita	9.16		4.33m	8.79m	1.33m		11.04	2.50m	3:14.70
San Deigo, CA			14-02.5	28-10.25	4-04.25			8-02.5	
Age-Graded Mark:	7.77		5.80m	12.04m	1.72m		9.14	3.46m	2:41.51
Age-Graded Percent:	89.08%		77.18%	53.24%	82.61%		84.15%	67.39%	70.14%
W59	5434	(920)	(789)	(664)	(879)	3252	(881)	(745)	(556)
----- W65 -----									
1 Trotto, Mary	12.39		2.18m	6.24m	0.94m		DNF	1.10m	4:37.49
Kitier, HI			7-02	20-05.75	3-01			3-07.25	
Age-Graded Mark:	9.64		3.39m	10.35m	1.38m			1.77m	3:23.74
Age-Graded Percent:	71.83%		45.13%	45.78%	66.2%			34.48%	55.6%
W66	1965	(413)	(178)	(552)	(491)	1634	(0)	(155)	(176)
----- W75 -----									
1 Donley, Christel	12.00		2.29m	8.07m	0.97m		14.88	0.90m	5:08.45
Colorado Springs, C			7-06.25	26-05.75	3-02.25			2-11.5	
Age-Graded Mark:	8.33		4.28m	14.78m	1.65m		10.03	1.82m	3:06.71
Age-Graded Percent:	83.08%		56.97%	65.34%	79.51%		76.68%	35.57%	60.67%
W79	3937	(749)	(374)	(846)	(795)	2764	(706)	(162)	(305)

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**Men Heptathlon**

	Points	60	LJ	SP	HJ	Day1	60H	PV	1000
----- M35 -----									
1 Souza, Jeferson		7.53	6.37m	12.37m	1.80m		8.63	3.50m	2:59.52
Miami, FL			20-10.75	40-07	5-10.75			11-05.75	
Age-Graded Mark:		7.43	6.57m	12.83m	1.84m		8.50	3.55m	2:58.23
Age-Graded Percent:		86.06%	73.39%	55.5%	75.31%		85.98%	57.95%	73.22%
M39	4805	(736)	(713)	(657)	(661)	2767	(860)	(496)	(682)
----- M40 -----									
1 Huff, Matt		8.77	4.87m	9.05m	1.20m		DNF	1.70m	4:36.97
Winnetka, IA			15-11.75	29-08.25	3-11.25			5-07	
Age-Graded Mark:		8.40	5.30m	10.07m	1.25m			1.83m	4:24.15
Age-Graded Percent:		76.17%	59.32%	43.59%	51.28%			29.82%	49.41%
M43	1792	(449)	(441)	(490)	(218)	1598	(0)	(109)	(85)
----- M45 -----									
1 Bates, Chris		8.14	5.87m	11.98m	1.68m		9.49	3.50m	3:17.42
Unattached			19-03.25	39-03.75	5-06			11-05.75	
Age-Graded Mark:		7.56	6.78m	14.40m	1.85m		8.64	4.01m	3:00.57
Age-Graded Percent:		84.64%	75.74%	62.3%	75.68%		84.62%	65.42%	72.28%
M49	4985	(694)	(762)	(753)	(670)	2879	(827)	(620)	(659)
2 Faulkner, Lee		8.06	5.21m	9.74m	1.53m		10.20	3.20m	3:35.55
Marion, AR			17-01.25	31-11.5	5-00.25			10-06	
Age-Graded Mark:		7.48	6.01m	11.71m	1.68m		9.28	3.67m	3:17.15
Age-Graded Percent:		85.48%	67.23%	50.65%	68.92%		78.73%	59.81%	66.2%
M45	4143	(719)	(589)	(589)	(528)	2425	(685)	(527)	(506)
3 Wilcox, Rod		8.13	5.48m	10.63m	1.56m		11.45	3.10m	4:13.35
Edmonds, WA			17-11.75	34-10.5	5-01.25			10-02	
Age-Graded Mark:		7.55	6.32m	12.78m	1.71m		10.42	3.55m	3:51.72
Age-Graded Percent:		84.75%	70.71%	55.28%	70.27%		70.13%	57.94%	56.32%
M48	3768	(697)	(657)	(654)	(552)	2560	(464)	(496)	(248)
DNF Oneal, Tim		8.42	5.33m	8.14m	1.62m		11.23	2.60m	SCR
Sacramento, CA			17-06	26-08.5	5-03.75			8-06.25	
Age-Graded Mark:		7.82	6.15m	9.78m	1.78m		10.22	2.98m	
Age-Graded Percent:		81.83%	68.77%	42.33%	72.97%		71.5%	48.6%	
M46		(613)	(619)	(472)	(610)		(500)	(352)	(0)
----- M50 -----									
1 Berle, Dolf		8.29	5.23m	11.68m	1.62m		10.18	3.60m	3:28.67
Pasadena, CA			17-02	38-04	5-03.75			11-09.75	
Age-Graded Mark:		7.45	6.42m	13.69m	1.88m		9.09	4.41m	3:02.70
Age-Graded Percent:		85.77%	71.84%	59.2%	76.78%		80.35%	72%	71.43%
M50	4911	(729)	(679)	(709)	(696)	2813	(726)	(734)	(638)
2 McCrimmon, James		8.42	5.41m	9.10m	1.62m		10.52	2.30m	3:13.09
Colorado Springs, C			17-09	29-10.25	5-03.75			7-06.5	
Age-Graded Mark:		7.57	6.64m	10.66m	1.88m		9.39	2.82m	2:49.06
Age-Graded Percent:		84.44%	74.31%	46.12%	76.78%		77.76%	46%	77.2%
M53	4391	(690)	(729)	(525)	(696)	2640	(662)	(314)	(775)

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3	Hansen, Randy Ames, NE	8.87	4.31m	10.91m	1.50m	11.97	NH	4:09.42
			14-01.75	35-09.5	4-11			
	Age-Graded Mark:	7.98	5.29m	12.78m	1.74m	10.68		3:38.37
	Age-Graded Percent:	80.16%	59.2%	55.3%	71.09%	68.34%		59.76%
	M51	2993	(565)	(439)	(654)	(577)	2235	(420) (0) (338)
-----								
4	Sipes, George Saugatuck, MI	9.68	4.11m	11.05m	1.38m	13.41	2.40m	4:03.73
			13-06	36-03	4-06.25		7-10.5	
	Age-Graded Mark:	8.70	5.04m	12.95m	1.60m	11.97	2.94m	3:33.39
	Age-Graded Percent:	73.45%	56.46%	56.01%	65.4%	61%	48%	61.16%
	M52	2840	(374)	(390)	(664)	(464)	1892	(231) (342) (375)
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DNF	Barlow, Jeff Sacramento, CA	8.42	4.96m	SCR	SCR	SCR	NH	SCR
			16-03.25					
	Age-Graded Mark:	7.57	6.09m					
	Age-Graded Percent:	84.44%	68.13%					
	M51		(690)	(606)	(0)	(0)	(0)	(0) (0) (0)
-----								
DNF	Kayes, Mike Huntersville, NC	8.30	5.02m	9.82m	1.35m	SCR	NH	SCR
			16-05.75	32-02.75	4-05			
	Age-Graded Mark:	7.46	6.16m	11.51m	1.56m			
	Age-Graded Percent:	85.66%	68.96%	49.77%	63.98%			
	M54		(726)	(621)	(577)	(434)	(0)	(0) (0) (0)
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---- M55 ----								
1	Ruebel, Noel Winston-Salem, NC	8.75	4.81m	11.79m	1.60m	10.27	3.20m	3:50.57
			15-09.5	38-08.25	5-03		10-06	
	Age-Graded Mark:	7.61	6.31m	14.98m	1.96m	8.79	4.21m	3:12.85
	Age-Graded Percent:	84%	70.53%	64.78%	80%	83.15%	68.67%	67.67%
	M57	4901	(678)	(655)	(788)	(767)	2888	(793) (676) (544)
-----								
2	Russ, Jim Charlotte, NC	8.64	4.79m	10.00m	1.48m	10.13	3.40m	4:13.13
			15-08.75	32-09.75	4-10.25		11-01.75	
	Age-Graded Mark:	7.52	6.28m	12.70m	1.81m	8.67	4.48m	3:31.72
	Age-Graded Percent:	85.07%	70.23%	54.95%	74%	84.3%	72.96%	61.64%
	M57	4600	(706)	(648)	(649)	(636)	2639	(820) (754) (387)
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3	Janusey, Michael Venetia, PA	8.33	5.29m	10.83m	1.42m	10.84	2.70m	DNF
			17-04.25	35-06.5	4-07.75		8-10.25	
	Age-Graded Mark:	7.25	6.94m	13.76m	1.74m	9.27	3.55m	
	Age-Graded Percent:	88.24%	77.57%	59.51%	71%	78.78%	57.94%	
	M56	4069	(796)	(799)	(714)	(577)	2886	(687) (496) (0)
-----								
4	Watry, Jeffrey Bohners Lake, WI	9.37	4.20m	10.78m	1.42m	11.63	2.60m	4:12.02
			13-09.5	35-04.5	4-07.75		8-06.25	
	Age-Graded Mark:	8.15	5.51m	13.69m	1.74m	9.95	3.42m	3:30.79
	Age-Graded Percent:	78.44%	61.58%	59.23%	71%	73.43%	55.79%	61.91%
	M58	3693	(517)	(483)	(709)	(577)	2286	(551) (462) (394)
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5	de la Puente, Joe Marina Del Rey, CA	9.34	4.17m	9.12m	1.36m	13.09	2.10m	4:47.55
			13-08.25	29-11.25	4-05.5		6-10.75	
	Age-Graded Mark:	8.13	5.47m	11.58m	1.67m	11.20	2.76m	4:00.51
	Age-Graded Percent:	78.69%	61.14%	50.11%	68%	65.24%	45.06%	54.26%
	M57	2932	(523)	(475)	(581)	(520)	2099 (337)	(300) (196)
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---- M60 ----								
1	Jacquet-Acea, Russe Seattle, WA	8.59	4.23m	9.00m	1.39m	10.02	2.70m	3:42.36
			13-10.5	29-06.5	4-06.75		8-10.25	
	Age-Graded Mark:	7.22	5.95m	11.23m	1.81m	8.33	3.84m	2:57.18
	Age-Graded Percent:	88.47%	66.51%	48.6%	73.94%	87.62%	62.65%	73.66%
	M61	4743	(806)	(576)	(560)	(636)	2578 (900)	(573) (692)
-----								
2	Meares, Kelly Carl Junction, MO	9.52	3.92m	9.13m	1.33m	12.07	3.00m	4:22.06
			12-10.5	29-11.5	4-04.25		9-10	
	Age-Graded Mark:	8.01	5.51m	11.39m	1.73m	10.04	4.27m	3:28.81
	Age-Graded Percent:	79.83%	61.64%	49.3%	70.74%	72.74%	69.61%	62.5%
	M60	3814	(557)	(483)	(569)	(569)	2178 (533)	(693) (410)
-----								
3	White, Robert Niles, MI	8.72	4.35m	9.28m	1.15m	12.11	NH	DNF
			14-03.25	30-05.5	3-09.25			
	Age-Graded Mark:	7.33	6.12m	11.58m	1.49m	10.07		
	Age-Graded Percent:	87.16%	68.4%	50.11%	61.17%	72.5%		
	M64	2872	(769)	(613)	(581)	(381)	2344 (528)	(0) (0)
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---- M65 ----								
1	Lagesse, Lawrence Chebanse, IL	9.59	3.81m	10.27m	1.33m	12.34	2.70m	4:37.96
			12-06	33-08.5	4-04.25		8-10.25	
	Age-Graded Mark:	7.77	5.78m	13.97m	1.84m	9.80	4.17m	3:30.17
	Age-Graded Percent:	82.27%	64.69%	60.45%	75.14%	74.47%	68.01%	62.1%
	M66	4199	(628)	(540)	(727)	(661)	2556 (579)	(665) (399)
-----								
2	Bryant, Doug Eustis, FL	9.35	4.31m	7.80m	1.15m	12.20	2.30m	4:10.72
			14-01.75	25-07.25	3-09.25		7-06.5	
	Age-Graded Mark:	7.58	6.54m	10.61m	1.59m	9.69	3.55m	3:09.57
	Age-Graded Percent:	84.39%	73.17%	45.91%	64.97%	75.33%	57.93%	68.84%
	M65	4044	(687)	(707)	(522)	(457)	2373 (601)	(496) (574)
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3	Skubic, Paul Oak Forest, IL	10.03	3.59m	8.29m	1.12m	16.67	1.80m	4:50.83
			11-09.5	27-02.5	3-08		5-10.75	
	Age-Graded Mark:	8.13	5.45m	11.28m	1.55m	13.24	2.78m	3:39.90
	Age-Graded Percent:	78.66%	60.95%	48.79%	63.28%	55.13%	45.34%	59.35%
	M65	2713	(523)	(471)	(563)	(426)	1983 (98)	(305) (327)
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4	Schuster, Neal Shorewood, WI	10.30	3.45m	6.82m	1.18m	13.85	1.60m	5:07.67
			11-04	22-04.5	3-10.5		5-03	
	Age-Graded Mark:	8.35	5.23m	9.27m	1.63m	11.00	2.47m	3:52.63
	Age-Graded Percent:	76.6%	58.57%	40.14%	66.67%	66.35%	40.3%	56.1%
	M66	2665	(462)	(427)	(442)	(488)	1819 (368)	(235) (243)
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5	Shoemaker, Jim	10.34	2.58m	8.65m	1.09m	15.92	1.80m	5:40.35
	Overland Park, KS		8-05.75	28-04.5	3-06.75		5-10.75	
	Age-Graded Mark:	8.38	3.91m	11.77m	1.51m	12.65	2.78m	4:17.34
	Age-Graded Percent:	76.31%	43.8%	50.91%	61.58%	57.73%	45.34%	50.71%
	M69	2204	(454)	(191)	(592)	(396)	1633	(153)
			(305)					(113)
-----								
---- M70 ----								
1	Johnston, Joe	9.42	4.10m	9.94m	1.30m	11.41	2.90m	5:13.50
	Apopka, FL		13-05.5	32-07.5	4-03.25		9-06.25	
	Age-Graded Mark:	7.33	6.75m	13.39m	1.92m	8.81	4.91m	3:42.93
	Age-Graded Percent:	87.26%	75.51%	57.93%	78.79%	82.91%	80.11%	58.54%
	M70	4923	(769)	(755)	(691)	(731)	2946	(788)
								(883)
								(306)
-----								
2	Dornfeld, Don	9.97	3.21m	9.57m	1.00m	13.69	NH	4:22.32
	St. Paul, MN		10-06.5	31-04.75	3-03.25			
	Age-Graded Mark:	7.75	5.29m	12.89m	1.48m	10.57		3:06.54
	Age-Graded Percent:	82.45%	59.12%	55.77%	60.61%	69.1%		69.96%
	M70	3148	(634)	(439)	(661)	(374)	2108	(438)
								(0)
								(602)
-----								
---- M75 ----								
1	Pawlik, Emil	9.83	4.00m	9.76m	1.24m	11.85	1.70m	5:18.10
	Jackson, MS		13-01.5	32-00.25	4-00.75		5-07	
	Age-Graded Mark:	7.28	7.20m	14.43m	1.97m	8.69	3.18m	3:29.57
	Age-Graded Percent:	87.89%	80.48%	62.44%	80.52%	84.05%	51.83%	62.27%
	M75	4799	(785)	(862)	(755)	(776)	3178	(816)
								(401)
								(404)
-----								
---- M80 ----								
1	Hewitt, Bob	9.78	4.09m	9.77m	1.18m	11.85	2.40m	5:18.04
	Gresham, OR		13-05	32-00.75	3-10.5		7-10.5	
	Age-Graded Mark:	6.81	8.12m	15.61m	2.03m	8.09	5.02m	3:09.30
	Age-Graded Percent:	93.87%	90.89%	67.52%	83.1%	90.21%	81.91%	68.94%
	M80	6153	(951)	(1092)	(827)	(831)	3701	(959)
								(917)
								(576)
-----								
2	Jankovich, Bill	10.75	3.09m	8.90m	0.91m	15.28	1.80m	6:04.41
	Racine, WI		10-01.75	29-02.5	2-11.75		5-10.75	
	Age-Graded Mark:	7.48	6.14m	14.22m	1.56m	10.44	3.76m	3:36.90
	Age-Graded Percent:	85.4%	68.67%	61.51%	64.08%	69.96%	61.43%	60.17%
	M80	3873	(719)	(617)	(742)	(434)	2512	(461)
								(551)
								(349)
-----								
---- M85 ----								
1	Sazima, Donald	15.72	1.69m	6.26m	0.97m	DNF	1.30m	6:44.49
	Minnetonka, MN		5-06.5	20-06.5	3-02.25		4-03.25	
	Age-Graded Mark:	10.09	3.74m	11.29m	1.82m		3.08m	3:28.44
	Age-Graded Percent:	63.36%	41.83%	48.83%	74.62%		50.19%	62.61%
	M85	2269	(108)	(165)	(563)	(644)	1480	(0)
								(376)
								(413)
-----								