

Masters Indoor Heptathlon - Best Performances -All at National Championship unless otherwise noted as non-championship

Rank																						WAVA					
W35-39		Venue	Date	60m	pts	LJ	pts	SP	pts	HJ	pts	60mH	pts	PV	pts	800m	pts	2010	2011								
1	Boguslawa Langner 36	Hillside	4/5/1997	9.14	9.04	556.4	556	4.03	4.23	362	7.60	10.41	556	1.35	1.41	523	12.14	11.71	426	2.53	2.73	463	03:38.46	183.87	182.97	338	3224
Rank																						WAVA					
W40-44		Venue	Date	60m	pts	LJ	pts	SP	pts	HJ	pts	60mH	pts	PV	pts	800m	pts	2010	2011								
1	Erika Pierce 43	Carthage	3/7/2015	8.66	8.26	770.402	770	4.65	5.16	603	9.08	10.07	534	1.28	1.41	523	9.44	8.56	1004	1.85	2.11	254	02:45.45	165.45	157.8	598	4286
2	Caren Ware 44	Carthage	3/4/2007	9.34	8.91	589.899	589	4.18	4.64	464	7.33	8.13	408	1.25	1.37	481	11.29	10.23	670	1.90	2.17	273	02:54.95	174.95	166.85	497	3382
Rank																						WAVA					
W45-49		Venue	Date	60m	pts	LJ	pts	SP	pts	HJ	pts	60mH	pts	PV	pts	800m	pts	2010	2011								
1	Rebecca Connolly	Carthage	3/7/2015	8.91	8.19	791.118	791	4.22	4.96	548	8.46	10.1	536	1.28	1.48	599	10.98	9.85	740	2.15	2.61	420	02:56.38	176.4	160.9	562	4196
2	Liz Johnson 46	Carthage	3/8/2003	10.02	9.21	513.92	513	3.49	4.10	331	7.00	8.36	423	1.15	1.33	439	12.56	11.27	493	1.80	2.18	276	03:46.50	226.50	206.64	158	2633
Rank																						WAVA					
W50-54		Venue	Date	60m	pts	LJ	pts	SP	pts	HJ	pts	60mH	pts	PV	pts	800m	pts	2010	2011								
1	Phil Raschker 50	Hillside	4/5/1997	8.17	7.22	1103.18	1103	5.40	6.77	1095	9.53	12.01	662	1.55	1.89	1093	9.38	8.09	1109	3.00	3.88	922	02:56.02	176.02	153.30	652	6636
2	Carol Senn-Griffiths	Carthage	3/3/2013	9.70	8.57	681.631	681	3.96	4.96	548	10.27	12.94	723	1.32	1.61	747	11.03	9.51	806	2.20	2.85	507	03:04.60	184.60	160.77	564	4576
3	Kay Glynn 51	Carthage	3/7/2004	9.29	8.21	785.174	785	4.46	5.59	726	8.67	10.93	591	1.32	1.61	747	11.70	10.09	695	2.30	2.98	556	03:15.50	195.50	170.27	461	4561
Rank																						WAVA					
W55-59		Venue	Date	60m	pts	LJ	pts	SP	pts	HJ	pts	60mH	pts	PV	pts	800m	pts	2010	2011								
1	Phil Raschker 56	Carthage	3/8/2003	8.61	7.31	1072.29	1072	4.75	6.36	962	9.26	12.69	707	1.45	1.88	1080	10.06	8.33	1055	2.70	3.74	862	03:17.20	197.20	163.58	532	6270
2	Rita Hanscom	Carthage	3/4/2012	9.02	7.66	955.891	955	4.65	6.23	921	9.94	13.62	769	1.33	1.72	879	10.49	8.69	976	2.53	3.51	766	03:03.87	183.87	152.53	662	5928
3	Kay Glynn 55	Carthage	3/9/2008	9.43	8.00	848.583	848	4.46	5.97	840	8.96	12.28	680	1.29	1.67	818	11.60	9.61	787	2.70	3.74	862	03:29.78	209.78	174.02	423	5258
4	Lorraine Tucker 56	Carthage	3/8/2003	9.60	8.15	803.066	803	3.71	4.97	551	9.46	12.96	725	0.91	1.18	293	14.55	12.05	377	0.00	0	0	04:47.90	287.90	238.82	18	2767
5	Mary Trotto 55	Carthage	3/8/2003	10.17	8.63	665.013	665	2.55	3.41	182	6.95	9.52	498	1.00	1.29	399	20.41	16.90	0	1.40	1.94	203	03:25.80	205.80	170.72	456	2403
Rank																						WAVA					
W60-64		Venue	Date	60m	pts	LJ	pts	SP	pts	HJ	pts	60mH	pts	PV	pts	800m	pts	2010	2011								
1	Phil Raschker 62	Carthage	3/8/2009	9.19	7.48	1015.01	1015	4.45	6.40	975	8.27	12.41	688	1.32	1.81	991	10.74	8.51	1015	2.60	3.88	922	03:08.65	188.65	148.06	717	6323
2	Rita Hanscom 60	Carthage	3/7/2015	9.38	7.63	965.633	965	4.04	5.81	792	8.19	12.29	680	1.28	1.76	928	11.17	8.85	941	2.45	3.65	824	DNF	0.00	0.00	0	5130
3	Becky Sisley 63	Carthage	3/8/2003	10.88	8.85	605.656	605	3.14	4.52	433	6.92	10.39	555	1.12	1.54	666	13.12	10.40	639	2.20	3.28	672	04:12.84	252.84	198.43	213	3783
Rank																						WAVA					
W65-69		Venue	Date	60m	pts	LJ	pts	SP	pts	HJ	pts	60mH	pts	PV	pts	800m	pts	2010	2011								
1	Phil Raschker 65	Carthage	3/4/2012	9.24	7.19	1113.57	1113	3.90	6.06	868	7.77	12.89	720	1.27	1.86	1054	10.70	8.09	1109	2.33	3.76	870	03:15.22	195.22	143.34	779	6513
2	Mary Trotto	Carthage	40972	12.39	9.64	413.269	413	2.18	3.39	178	6.24	10.35	552	0.94	1.38	491	dnf	0	0	1.10	1.77	155	04:37.49	277.49	203.74	176	1965
Rank																						WAVA					
W70-74		Venue	Date	60m	pts	LJ	pts	SP	pts	HJ	pts	60mH	pts	PV	pts	800m	pts	2010	2011								
1	Leonore McDaniels 70	Hillside	4/4/1998	10.97	8.11	815.094	815	3.40	5.76	777	6.49	12.04	664	1.16	1.83	1016	14.98	10.77	575	2.09	3.73	858	04:42.12	282.12	190.49	274	4979
2	Christel Donley 72	Carthage	3/4/2007	10.93	8.08	824.168	824	2.92	4.94	543	7.70	14.29	813	1.10	1.73	891	13.30	9.56	796	1.50	2.67	441	04:26.09	266.09	179.67	368	4676
Rank																						WAVA					
W75-79		Venue	Date	60m	pts	LJ	pts	SP	pts	HJ	pts	60mH	pts	PV	pts	1000m	pts	2010	2011								
1	Christel Donley	Carthage	1/16/2011	11.29	7.84	898.369	898	2.69	5.02	565	7.56	13.85	784	1.09	1.86	1054	14.75	9.95	721	0.00	0	0	04:59.39	299.39	181.23	354	4376
1	Johnnie Valien 77	Carthage	3/8/2003	12.43	8.63	665.013	665	2.71	5.06	576	6.39	11.7	641	0.94	1.6	736	17.23	11.62	439	1.60	3.25	660	05:08.18	308.18	186.55	307	4024